

Activity: Share Stories of Resilience

1. **Share staff success stories** (positive outcomes of their efforts with students, parents or co-workers) regularly through internal communication tools already in place, at the start of staff meetings, etc.
2. **Share stories of past students** who presented challenges to staff and are currently doing well. When we run into these youth in our communities, ask them if you can share how they are doing with the school staff. They may love it, and your staff will love hearing it. Even if they did not know the student, they can transfer that hope to their current students. "I caught ____ doing well!"
3. **RogersInHealth.org offers free, brief videos** of youth and adults talking about their mental health challenges and their path of recovery. [Go to RogersInHealth.org](https://www.rogersinhealth.org) for youth, adult and parent stories.

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Share the HOPE of Mental Health Recovery with Others

