

Activity: Share Stories of Resilience

1. **Share staff success stories** (positive outcomes of their efforts with students, parents or co-workers) regularly through internal communication tools already in place, at the start of staff meetings, etc.
2. **Share stories of past students** who presented challenges to staff and are currently doing well. When we run into these youth in our communities, ask them if you can share how they are doing with the school staff. They may love it, and your staff will love hearing it. Even if they did not know the student, they can transfer that hope to their current students. "I caught ____ doing well!"
3. **Rogersinhealth.org offers free, brief videos** of youth talking about their mental health challenges and their path of recovery. [Go to the schools tab](#) for youth and parent stories.

Schools

Real life experiences from youth, parents, and educators help us understand mental health challenges and form skills to support resilience.

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About New Clips

 <p>Youth and Parent Perspective</p>	 <p>Classroom Strategies</p>	 <p>Collaboration: Parent, School, Provider</p>
Watch as youth and parents discuss specific mental health challenges, resilience, and the path of recovery.	See how to engage students in real classrooms with real challenges.	View brief videos with tips on how to navigate care for children with mental health challenges.