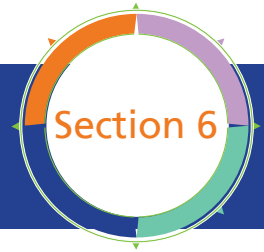


# Compassionate Boundary Setting to Build Compassion Resilience



## Guided Discussion

### Leadership Support for Boundary Setting

The leadership team will address key questions **after** participating in the Zones of Helpfulness activity with the whole staff or a small group of staff members.

1. How do our policies impact boundary setting? (example: Client behavior policies support staff to uphold boundaries for personal safety.)
2. How do our policies align with the work the staff has just done to identify helpful behaviors and boundaries?
3. What do you notice about the interpretation of policies by the staff? How can you support clarity?
4. What process have you put in place to encourage staff to talk with you about circumstances that lead them to consider altering a boundary that the organization or they have set with clients or colleagues? (example: Define that staff should consult with a supervisor if they want to be flexible with a client about a rule.)
5. How has the conversation about boundaries with staff impacted your own sense of personal and professional boundaries?